



Throughout their career, Garda members cultivate a unique blend of specialised skills and experiential knowledge. As they approach retirement, many aspire to leverage these distinct competencies in the private sector. However, transitioning from the public sector to a private sector environment can pose challenges.

This is where CREGG Career Transitions steps in. The results of research undertaken by our team of recruitment experts with Garda members close to retirement, illustrates the overwhelming need for a career transition service for members of An Garda Síochána.

CREGG Career Transitions is dedicated to facilitating a seamless career transition for retiring Garda members, ensuring they are well-positioned to secure future employment in the private sector.

SUMMARY OF ONE DAY SESSION

By the time the employee has completed this workshop and seminar they will have:

- A clear understanding of the key elements of the job search process.
- Awareness of practical tips and tools of the job search process.
- A plan to put into operation leading towards your next career step.

ELEMENTS OF THE PROGRAMME

- Introduction and Objectives – Ask and set expectations of the group.
- CV writing guidance.
- The job search process (Where to begin? Tips and advice on maximum input).
- Self-assessment regarding transferable skillsets.
- LinkedIn and marketing guidance.
- Developing your interview techniques.
- Competency based questions techniques to deal with awkward or difficult questions/ scenarios.
- Job search techniques and where to look.

STRUCTURE OF ONE DAY SESSION

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| • 10.00am – 10.15am | Introductions & Class Expectations. |
| • 10.15am – 12.30pm | CV Preparation incl. Transferrable Skillsets. |
| • 12.30pm – 1.15pm | Lunch |
| • 1.15pm – 2.15pm | LinkedIn Online Profile Masterclass. |
| • 2.15pm – 3.45pm | Interview Preparation. (Competency Based, Structured & Unstructured). |
| • 3.45pm – 4.00pm | Coffee. |
| • 4.00pm – 5.00pm | How to find a Job. |
| • 5.00pm – Close | Questions & Feedback. |

CREGG

CAREER TRANSITIONS



Workshops run from 10 AM to 5 PM and we limit the number of people to a maximum of 8.

Full handbook will be given to the participants and emailed items of interest following the workshop such as topical articles and self-help books etc.

Cost

€ 250 per person

WHAT'S NEXT?

Based on the outcomes and the individual requirements of the attendees, individual support programmes can be developed on a 1-1 basis leveraging the skills and knowledge of our external career coaches.



David Fitzgibbon
Managing Director - CREGG

David serves as the Managing Director of CREGG, a leading recruitment and talent solutions company headquartered in Shannon, Co. Clare. With a strong national presence, CREGG has 7 offices across Ireland, reinforcing its commitment to connecting businesses across Ireland.

He is a graduate of University of Limerick and brings a wealth of recruitment, training and leadership expertise.



Oliver Nally
Life & Interview Coach

Oliver has over 25 years' service in an Garda Síochána with an extensive learning and development background having qualifications from the Irish Management Institute, Institute of Public Administration, University College Cork, Kingstown College as well as qualifications in numerous psychometric assessment tools.

He is a Life & Interview Coach with a keen interest in helping people to prepare for their future role, especially post-retirement by leveraging upon their specialist skillsets and experiential knowledge in transitioning from the public to the private sector.

CONTACT

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